



Linking Generations
Northern Ireland

Christmas 2021

12 Ways To Do It Differently

LET'S HAVE FUN CREATING MULTIGENERATIONAL CONNECTIONS THIS CHRISTMAS
THAT CAN LAST THE WHOLE YEAR THROUGH!

HERE ARE OUR 12 TOP WAYS OF CONNECTING INDIVIDUALS OR ORGANISATIONS....

Always follow current Covid 19 restrictions and guidelines. Make sure to carry out appropriate risk assessments before undertaking any intergenerational activity. Approach your local Care Home, Sheltered Housing Scheme or Older persons' group or School BEFORE you plan to connect.

**Most activities will need to be delivered remotely, simultaneously.

1

Arrange to sing carols & Christmas songs or give a performance **OUTSIDE** the care setting, safely in a garden/ car park where residents can watch through windows. Wear fancy dress!

2

Bingo with prizes.

3

Christmas theme quiz for all ages with prizes and team names.

4

Create and exchange Christmas Cards & letters between settings. You could even develop your own Kindness Postbox and share Christmas post between generations. To find out more visit: www.kindnesspostbox.co.uk or contact: notoole70@gmail.com

5

Video the class singing Christmas songs, performing a Christmas story or nativity to share for others to enjoy.

6

Reminiscence session. Have a remote discussion between different settings about the traditions of Christmas past and present. Swap stories, Christmas memories, songs, and best bits.



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7

Record a mini Christmas Talent Show, songs, poems, tricks, jokes, performing skills, etc. to share and watch together.

8

Christmas wishing tree - decorate a large fir tree branch in a pot with labels or cut out shapes and hang with ribbon on branches. Write positive Christmas wishes and messages for others and sign your name. Deliver to a different age setting.

-or- Decorate a tree in the neighbourhood as above (be sure to get permission).

-or- Christmas sweet tree , decorate a fir branch in a pot with wrapped colourful sweets to deliver to a different age setting/ neighbour to enjoy.

9

Make decorations, bunting, cards, hats, Christmas crackers remotely at the same time connecting online and compare your creations! Keep or exchange!

10

Christmas rocks! Paint and decorate pebbles and stones with Christmas images and goodwill messages. Take to local care settings for display in garden or window sill (or inside) where residents can see and enjoy.

11

Create a Wishing Line - using ribbon or string add cut out shapes or luggage labels and add photos to it with goodwill messages or drawings to deliver to setting to enjoy.

12

Christmas postal chain stories - start the story in one setting with everyone's contributions then deliver or post to the other settings to add onto. Read the completed story out remotely to both groups to enjoy at the same time. You could even record it to share!

REMEMBER TO ALWAYS OBSERVE/ ASK FOR FEEDBACK, COMMENTS, NOTICE THE IMPACT AND TAKE PHOTOS (WITH PERMISSION) DURING ACTIVITIES FOR PROMOTION PURPOSES AND ALSO TO PLAN FOR FUTURE INTERGENERATIONAL ENGAGEMENTS. LET'S CREATE SOME POSITIVITY & HAVE FUN!