



Linking Generations  
Northern Ireland

# FRUIT SKEWERS

## Materials and Equipment Needed:

- Before starting **make sure to check for allergies.**
- Ingredients for skewers- variety of allergy safe fruit.
- Ingredients for decorating and dipping: chocolate sauce, honey, yoghurt, sprinkles.
- Skewers or straws to thread fruit onto.
- Paper Plates, baby wipes and napkins.
- Knives and Chopping board- used under supervision.

## How to make fruit skewers:

1. Wash your hands before you start!
2. Choose what fruit you want to use
3. Chop up fruit into smaller pieces.
4. Thread on wooden skewers.
5. Decorate
6. Enjoy!



## Conversation starters:



What's your favourite food? What is your favourite fruit?



How do you Celebrate with food in your family? Think about Birthdays and Christmas.



What's your best ever meal?