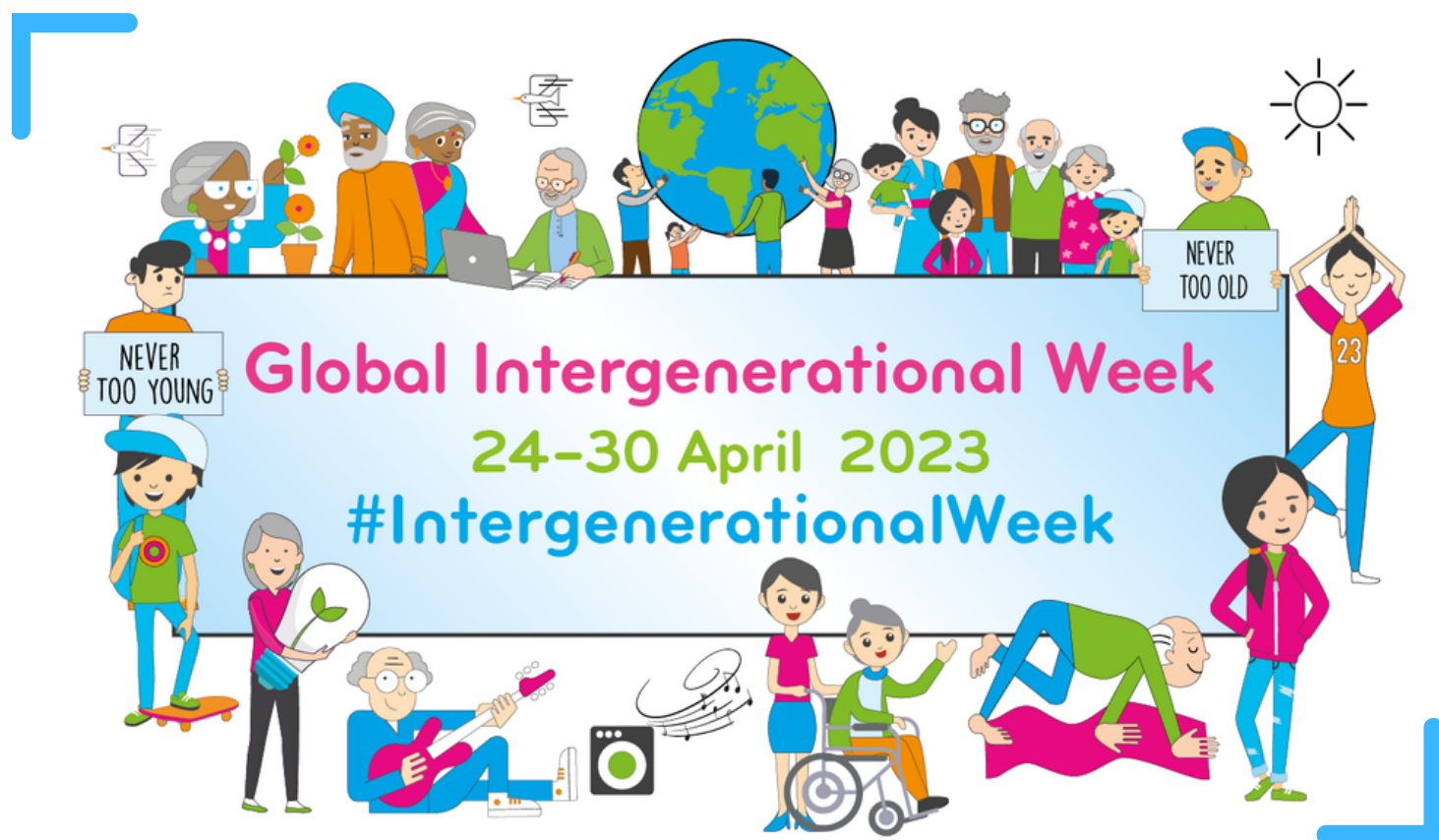




HELP LGNI CELEBRATE GLOBAL  
INTERGENERATIONAL WEEK 2023!



**Global Intergenerational Week is an annual Campaign  
Celebrating everything intergenerational!**

**Can you organise an intergenerational activity in the  
community you live, work or go to school? Check out  
this handy guide for inspiration, ideas and tips!**



## TOP TIPS



## SOME KEY STEPS WHEN ORGANISING YOUR GLOBAL INTERGENERATIONAL WEEK EVENT/ACTIVITY!

- ▶ **Sign up to support the week – add your logo to the site and download the social media resources! [LGNI GIW page link](#)**
- ▶ **Discuss GIW23 with your community, group or setting – get their ideas!**
- ▶ **Reach out to link with another age group - local older peoples group, setting, care home, grandparents, sheltered accommodation, schools, nurseries, youth clubs, mums & tots**
- ▶ **Set a date, a time and pick a suitable venue**
- ▶ **Plan your activities – Check out our ideas in this pack**
- ▶ **Run your event, have lots of fun and definitely some juice, tea/coffee and biscuits/cake**
- ▶ **Take photos, get quotes, ask people what they thought**
- ▶ **Share your success! Press and social media – tag LGNI #GIW23**
- ▶ **Tell LGNI about your event or activity - Click [here](#)**

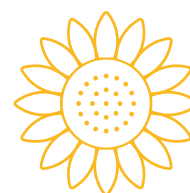


# RESOURCES



**Activity ideas to connect people of all ages and stages in life. To enjoy spending time together, learn, share skills and knowledge and have fun!**

- ▶ **Have a Get Together:** talk, sing, enjoy arts & crafts, make **fruit skewers**, smoothies and dips, decorate cupcakes etc.
- ▶ **'Spring into Summer':** enjoy activities together in the great outdoors – good for health and wellbeing. You can download the **'Spring into Summer'** ideas from our website resources section.
- ▶ **All Ages April Inspiration:** Check out what took place as part of **All Ages April 2022**
- ▶ **'Pots of Kindness':** plant up to share – flower and vegetable seeds, herbs. Download the **'growing.pots of kindness'** resource. Start a sunflower growing competition between settings.  
**Plant & Share** by celebrating growing your own food and friendships in your community. There's more information on the **Food for Life Get Togethers** website.
- ▶ **Resources for Teachers:** Check out our amazing partnership resources with **Twinkl Northern Ireland**



**PLANT & SHARE MONTH**  
**22 April - 20 May 2023**





# WHY NOT TRY THIS?...

- ▶ **Postbox of kindness:** set up to collect letters, postcards and art cards. Spread some joy and positive messages by delivering to elders in care homes and other settings and having a chat! Check out the [kindness postbox](#) website for their amazing resources and inspiration.



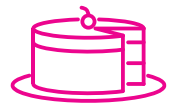
- ▶ **Create a personal music playlist:** check out '[Playlist for Life](#)' - a music and dementia charity. Music is a great way to connect people no matter their age, stage or ability! [Sign up to their network](#) - to receive a free starter pack of printed materials. resource page.



- ▶ **Lockdown activity pack:** check out the [resources pack](#) originally created during Covid with a variety of ideas to connect people of all ages still suitable beyond Covid!



- ▶ **Have a Garden Party:** arrange a visit to sing/ enjoy activities and food outside with residents of your local care home, sheltered accommodation.



- ▶ **'Show & Tell Session':** find out a little about each other by sharing your most treasured item with others and explain it's significance to you.



- ▶ **Easter activities:** make bonnets & baskets, decorate your own easter wishing tree with positive messages as decorations. Design an [Intergenerational Easter egg](#) to share. Exchange cards, letters, art, and have an Easter egg hunt/picnic.



- ▶ **Celebrate Family connections:** Bring your older relatives to your school or nursery setting or organise a grandkids and family day in your older people setting! Have a family day out with young & old!





## Global Intergenerational Week links:

[Sign up as a supporter and download the GIW Supporters Pack and Resources](#)



### LGNI Links:

[Sign up to your local LGNI network](#)

[LGNI News](#)

[LGNI Resources](#)

[LGNI Global IG Week Page](#)



**LGNI  
Network**  
[sign up  
here](#)

Why not change  
your profile pic  
to your favourite  
intergenerational  
picture?

**USE THE  
HASHTAG  
#GIW23**

Please remember  
to share your  
activities on social  
media & don't  
forget to tag us  
**@LinkGenNI**

