

# Linking Generations Network meeting Spring 2024 ANA and MEA







#### **Agenda**

- ✓ Welcome & Round the Room
- ✓ Local Intergenerational Stories
- Age-friendly Coordinators update
- Christmas Connections grants feedback
- ✓ LGNI Training Update
- ✓ All Ages April small grants
- ✓ Global Intergenerational week
- Creating Intergenerational Communities Project
- ✓ Halifax Project
- ✓ Student review of impact of LGNI reach & work





## Who is in the room? Introductions

Name, role and organisation.

Interest in attending?



#### **Linking Generations NI**

Our vision: Northern Ireland will be a place where all generations are respected, understood, connected, and engaged together in their communities.

Adding value with an Intergenerational Approach!



#### LGNI connect, inspire & support

- LGNI Network 893 Members
- Intergenerational Training
- Activity ideas and Resources
- Advice & Support Service
- Partnership activities/projects
- Grants All Ages April & Christmas
- Voice for IG Age-friendly, Loneliness,
   Education, Care Homes
- Global Intergenerational Week



What are the benefits of Intergenerational Activity?

Reduces loneliness and social isolation

Builds friendships & social connections

Enhances learning & skill sharing across all age groups Increases understanding & sharing of experience between generations

Reduces ageism

Boosts mental wellbeing & self confidence Creates
opportunities for
all generations to
feel valued and
part of their
community















#### Updates.....

Age Friendly Coordinators update on progress of Age Friendly activities





#### **Christmas Connections Small Grants**



- LGNI's Christmas Campaign was a massive success and garnered support for IG across NI.
- Approx 10 local newspapers covered stories as part of the campaign.
- The commissioners COPNI and NICCY provided support statements.
- Social media reach during
   December was 12.7K accounts for
   Facebook with 1426 page visits and
   482 post reactions.





## Knockagh Rise Care Home & The Den Pre-School & After School Club

- Michaela Chambers: Knockagh Rise Care Home
- Kyla Mulholland: The Den Pre-School & After School Club











#### LGNI intergenerational training update

Empowering others with knowledge, confidence, resources, & support to embed intergenerational practice in their settings

#### Recent:

- 26 x SRC First Year Health & Social Care students
- Clanmil Scheme Coordinators
- Upcoming 'My Home Life' cohort
- We can offer bespoke intergenerational training for your organisation ...





#### All Ages April Grants Scheme 2024



- Thanks to the Public Health Agency NI LGNI will providing 40 small grants to support intergenerational activities during the month of April to celebrate Global Intergenerational Week!
- Spark an intergenerational connection in your community
- Small grants of £125 for activity during month of April
- Closing Dates Thursday 29<sup>th</sup> February!



## Global Intergenerational Week 24th – 30<sup>th</sup> April 2024



We are delighted to be again leading on the **Global Intergenerational** Week Campaign for NI! This year's campaign will take place from the 24th - 30th April and will celebrate everything intergenerational! We look forward to working alongside communities, organisations, settings and local government across NI and the globe to make this year bigger and better than ever! We hope you will join us to support #GIW24







- Creating Intergenerational Communities is a UK-wide pilot programme funded by the National Lottery Community Fund until June 2025.
- It aims to establish 30 intergenerational flagship projects during its lifetime - 10 in NI
- Focus on quality, improving practice, sustainability and building IG capacity
- Reduce loneliness, social isolation, improve wellbeing and build relationships between generations
- Development of quality standards/indicators which will be piloted





#### Progress so far!

- Intergenerational training delivered to 28 Early Years Practitioners and 12 Older Peoples settings since July 2023.
- Each setting involved is now equipped with the knowledge of how to plan, deliver and evaluate intergenerational activities.
- 8 settings are now enrolled as pilot settings as part of the wider UK NLCF project.



#### Halifax project

Aims & objectives: This
 project is aimed at building
 on the resource of the
 youngest and oldest in our
 society to make a positive
 impact both now and for
 the future of our society.





#### Halifax project

- 126 direct beneficiaries took part. They told us:
- 88% of respondents said they would like to take part in another project
- 71% said they felt better about themselves
- 84% that they had learned new things
- 74% of younger participants indicated that they felt more confident
- 90% of older people felt better about themselves
- **100%** felt more active
- 70% were surprised at what they could do



#### **Across Borders and Generations - update**

- The project has supported younger and older people from Mayobridge and Balbriggan to develop intergenerational activities in their communities to build relationships, break down age barriers and improve community cohesion.
- The groups got together in Newry to share the progress and learning from their activities so far.
- AvilaMedia were there to take some video interviews and also some content for our projects video.
- The day rounded off with a very successful jewellery workshop which went down a treat!















#### **Comments from feedback**

- "I have learned that older people are living their first life". (Leader: I thought it was so insightful that they recognise that older people continue to grow, develop and learn throughout their life)
- Days out supported building relationships
- Opportunity of project enabled us to see similarities and focused our initiative – organic
- Comfortable setting nice to be welcomed
- Ripple effect. I feel more willing to engage with other young people
  - "I will take a risk to reach out and engage with young people now"



#### www.digitalfilmarchive.net

Northern Ireland Screen's Digital Film Archive is a free resource containing hundreds of hours of titles, spanning from 1897 to the present day.

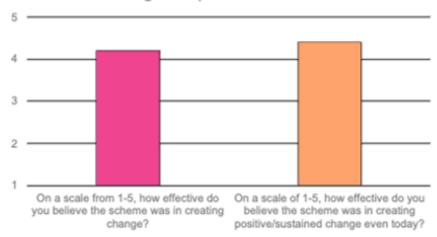
Lisa@northernirelandscreen.co.uk Bronagh@northernirelandscreen.co.uk Within the archive you will find items covering broadcast news, feature films, television dramas, sport, documentaries, animation, light entertainment, amateur footage, newsreels and more.

#### KEY FINDINGS



#### **ALL AGES APRIL 2022**

Average Responses of Grantees



"...helped with making contact and setting up planning meetings"

## 100% OF THOSE WHO WERE INTERVIEWED SAID THEY WOULD RECOMMEND LGNI TO OTHERS

"I use these skills everyday"





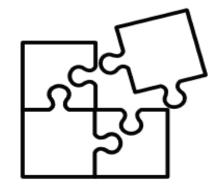




"It opened my mind to intergenerational care"

Conclusions + Recommendations

- Access to Funding Benefits:
  - Greater access to funding across all domains
  - Facilitates outreach and expanded membership/network
  - Enables important marketing targets
- Sustainability of LGNI's Training and Grant Schemes:
  - Supported by positive perceptions
  - Diverse skill application
  - Ongoing collaborations
  - High likelihood of participant endorsement
- Insights for Continuous Improvement:
  - Varied experiences provide valuable insights
- Call for Future Funding:
  - Emphasises the imperative nature of funding for future projects
  - Stresses the essential role of funding for both older and younger generations in society.





#### **Stay Connected**



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**Linking Generations Northern Ireland** 





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#### **Next Steps:**

- Sign up to our network.
- Need support in identifying your intergenerational match chat to us.
- Chat to us about the All Ages April small grants closes 29<sup>th</sup> February.
- Arrange a 1:1 chat with us here to help!!
- Sign up to training in intergenerational good practice we can arrange to deliver in house with your organisation.



#### **Evaluation – Mentimeter Feedback**

### We really value your opinion so please complete the following survey!

https://www.menti.com/

Enter the code: 2631 0151