Linking Generations
Northern Ireland

Linking Generations Network meeting Autumn 2024 ANA and MEA

Age Friendly Network NI

Agenda

- ✓ Welcome & Round the Room
- ✓ Age-friendly Coordinators update
- ✓ Global IG Week Highlights
- ✓ All Ages April Roundup
- ✓ LGNI Training & Project Update
- ✓ Local intergenerational stories
- ✓ Positive Ageing Month
- ✓ Christmas Connections grants launch
- ✓ Grandmothers Hands IG Recipe Competition

Who is in the room?
Introductions

- Name, role and organisation.
- Interest in attending?

Linking Generations
Northern Ireland

Linking Generations NI

Our vision: *Northern Ireland will be a place where all generations are respected, understood, connected, and engaged together in their communities.*

Adding value with an Intergenerational Approach!

LGNI connect, inspire & support

- LGNI Network **950+** Members
- Intergenerational Training
- Activity ideas and Resources
- Advice & Support Service
- Partnership activities/projects
- Grants – All Ages April & Christmas
- Voice for IG – Age-friendly, Loneliness, Education, Care Homes
- Global Intergenerational Week & campaigns

What are the benefits of Intergenerational Activity?
Reduces loneliness and social isolation
Builds friendships & social connections
Increases understanding & sharing of experience between generations
Reduces ageism
Enhances learning & skill sharing across all age groups
Boosts mental wellbeing & self confidence
Creates opportunities for all generations to feel valued and part of their community
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Updates……

- Age Friendly Coordinators update and planned activities for Positive Ageing Month.

Global Intergenerational Week 2024

- 15 countries
- LGNI member of GIW ET
- Promoting IG across NI & sectors
- Building Light Ups
- 40 All Ages April small grants
- Intergenerational Photo Competition
- Intergenerational resources – LGNI, Twinkl
- Events with partners across world
- Report launched!

World Health
Organization

All Ages April 2024

Age Friendly Network NI

1987 Participants took part!

40 Small Grants Allocated!

83% of participants felt more connected to their community as a result

93% of participants said they would like to do more intergenerational activity

For **59%** of leaders this was their first intergenerational activity!

Take5 steps to wellbeing

Give · Be active · Connect · Keep learning · Take notice

www.makinglifebettertogether.com

LGNI
All Ages
April
2024
Small Grants
Scheme!

LGNI projects & bespoke work

BARNARDO'S
Changing childhoods.
Changing lives.

LGNI intergenerational training update

- 54 individuals have completed LGNI CPD accredited Intergenerational training since Feb this year – mix of paid for, free and project funded.
- Mix of workers from youth, education, early years and care home settings from across NI.
- My Home Life Cohort, CIC UK Project, SRC

"Really enjoyed the training- thought I already knew a lot about intergenerational working- but this training has been eye opening and sparked motivation and inspiration to improve our already established links."

- LGNI continue to build Dementia Awareness Sessions into project costs training children & young people when possible

Positive Ageing Month

- ✓ Great opportunity for Intergenerational connections
- ✓ LGNI ideas, promotion & messaging
- ✓ Check out our PAM page resources section for ideas
- ✓ We want to fill social media with intergenerational good news! Get involved & tag us!
- ✓ LGNI small grants launching 1st October!

UK CIC Project

- Creating Intergenerational Communities is a UK-wide pilot programme funded by the National Lottery Community Fund until June 2025.
- Quality & Sustainability focus – Quality standards toolkit created
- It aims to establish 30 intergenerational Community Projects during its lifetime (10 in NI)
- 9 projects consisting of 18 settings are now set up across NI – all IG trained and in process of trailing quality indicators/awaiting training on this
- These individual projects will each aim to reduce loneliness and social isolation among the participants; improve well-being for participants; and build relationships between those taking part.
- 2 NI AF officers are involved in this UK project with a belief that this approach could greatly enhance IG and AF

Creating
Intergenerational
Communities

NI's CIC Project Partnerships

Creating Intergenerational Communities

- The Magic Roundabout Childcare Centre & Millcroft Care Home, Enniskillen
- Red Brick House Nursery & Oakmont Care Home, Bangor
- The Beeches Day Nursery & The Beeches Nursing Home, Craigavon
- Plumbridge SureStart & The Plum Club, Plumbridge
- South West College & Recycled Teenagers Community Group, Dungannon
- EOTAS & Lurgan Men's Shed, Lurgan
- Little Friends Day Care & Spelga Mews, Banbridge
- Glenowen Court & Holy Child PS, Belfast
- Annandale Care Home & Knockbreda PS, Belfast
- Mid Ulster Youth Service & Milesian Manor, Magherafelt

Christmas connections small grants & Campaign!

- Launch date – 1st October
- Closing date 31st October @ 12.00 noon
- Activities that connect generations
- Deliver during December
- £125
- Register on our mailing list for info
- Part of our overall Christmas Campaign – Get involved!

Grandmothers Hands Recipe Competition

- LGNI promoting to our network for Barnardo's SEEN
- Aim to inspire sharing of food stories & memories across generations
- Entries close 30th September
- Check out our website

Galgorm Care Home – Lisa Hickson
Mid & East Antrim

Linking Generations
Northern Ireland

Lisa Galgorm Care Home

Linking Generations
Northern Ireland

Tracy Praxis Care

Next Steps:

- Sign up to our network
- Need support in identifying your intergenerational match – chat to us!
- Christmas Connections 2024 small grants – Opens Thursday 1st October
- Arrange a 1:1 chat with us – we're here to help!!
- Sign up to training in intergenerational good practice – we can arrange to deliver in house with your organisation.

Stay Connected

	@LinkGenNI		@linkinggenerationsni
YouTube	Linking Generations Northern Ireland		@LinkGenNI

www.linkinggenerationsni.com

Evaluation – Mentimeter Feedback

We really value your opinion so please complete the following survey!

Join at menti.com