



Linking Generations
Northern Ireland

IDEAS: Reminiscence & Food CHRISTMAS Get-Togethers

Good Food Conversation! Connections!

Get eating, talking, having fun! Spread that Christmas cheer,

Food - make together or purchase:

- ☐ **Santa fruit kebabs & dips**
- ☐ **Snowmen marshmallows**
- ☐ **Sandwiches & carrot/colourful peppers & dips**
- ☐ **Christmas dinner**
- ☐ **Make your own Soup & bread/rolls**

Conversation starters:

- ☐ **3 Things about me!**
- ☐ **Your name and why you are here today**
- ☐ **Favourite Christmas food**

Chat & discuss:

- ☐ **Compare past & present Christmas traditions**
- ☐ **Favourite Christmas songs**
- ☐ **Best gift/toy ever given or received**
- ☐ **Ultimate gift you always wanted but never got**
- ☐ **Favourite food/meals**
- ☐ **Your 'mantra' - favourite saying/advice for life**
- ☐ **Your Christmas wish for everyone/the world**