



**HELP LGNI CELEBRATE GLOBAL INTERGENERATIONAL WEEK 2026!**



**Global Intergenerational Week is an annual Campaign Celebrating everything intergenerational!**

**Can you organise an intergenerational activity in the community you live, work or go to school? Check out this handy guide for inspiration, ideas and tips!**



## TOP TIPS



## SOME KEY STEPS WHEN ORGANISING YOUR GLOBAL INTERGENERATIONAL WEEK EVENT/ACTIVITY!

- ▶ **Sign up to support the week - add your logo to the site and download the social media resources! Via [GIW26 Webpage](#)**
- ▶ **Discuss GIW26 with your community, group or setting - get their ideas!**
- ▶ **Reach out to link with another age group to partner with - local older peoples group, setting, care home, grandparents, sheltered accommodation, schools, nurseries, youth clubs, mums & tots**
- ▶ **Set a date, a time and pick a suitable venue with access**
- ▶ **Plan your activities - Check out our ideas in this pack and register your event via [Host a GIW26 Event](#) to be included in official GIW26 Campaign reach reporting!**
- ▶ **Run your event, have lots of fun and definitely some juice, tea/coffee and biscuits/cake! Invite local dignitaries!**
- ▶ **Take photos, get quotes, ask people what they thought**
- ▶ **Share your success! Press and social media - Download our GIW26 comms guide - [LGNI GIW26 Comms Guide](#)**



RESOURCES

# Intergenerational Practice is ~~Nice~~ Essential

#GIW25



Activity ideas to connect people of all ages and stages in life.  
To enjoy spending time together, learn, share skills and knowledge  
and have fun! Just click on the PINK Links to open!

▶ **Have a Get Together:** talk, sing, enjoy arts & crafts, make [fruit skewers](#), smoothies and dips, decorate cupcakes etc. Make it a movie day/night, quiz, bingo or other fun activity!

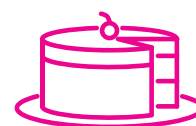
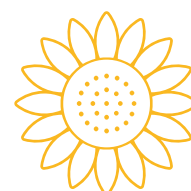
▶ **'Spring into Summer':** enjoy activities together in the great outdoors – good for health and wellbeing. You can download the ['Spring into Summer'](#) ideas from our website resources section.

▶ **All Ages April Inspiration:** Check out what took place as part of [All Ages April 2025](#)

▶ **'Intergenerational Gardening & Growing:** Spring time offers a perfect opportunity to plant flowers vegetable seeds or herb and watch them grow! Download the ['growing pots of kindness'](#) resource and Plant and Share to spread joy! Start a sunflower growing competition between settings. There's lots of growing ideas and resources [Food for Life Get Togethers](#) website and this [Intergenerational Gardening Resource](#).

▶ **Resources for Teachers:** Check out our amazing partnership resources with [Twinkl Northern Ireland](#) perfect for use within schools and linked to the Curriculum! Sign your school up to LGNI's [GIW26 School's programme!](#)

▶ **Cook or Bake your favourite foods together:** Share food memories, recipes and cook and eat them together. Make it a fun bake off or cook off competition! Click [HERE](#) for some inspiration!





## WHY NOT TRY THIS?...

▶ **Postbox of kindness:** set up to collect letters, postcards and art cards. Spread some joy and positive messages by delivering to elders in care homes and other settings and having a chat! Check out the [kindness postbox](#) website for their amazing resources and inspiration.



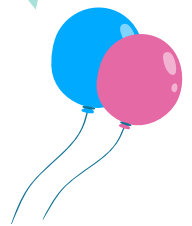
▶ **Enjoy Reading & Stories Together :** Check out this fantastic [Intergenerational Reading Guide](#) from Children's Books Ireland.



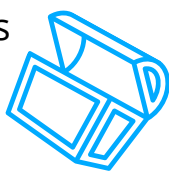
▶ Join intergenerational supporters from across the world to share a **GIW26 postcard!** Simply [download here](#) take a photo and share on social media or as part of your activity celebrations!



▶ **Have a Garden Party:** arrange a visit to sing/ enjoy activities and food outside with residents of your local care home, sheltered accommodation or local community.



▶ **Show & Tell or Reminiscence Session:** find out a little about each other by sharing your most treasured item with others and explain its significance to you. Talk about times gone by and local history using [NI Screens Digital Video Archive](#).



▶ **Easter activities:** make bonnets & baskets, decorate your own easter wishing tree with positive messages as decorations. Design an [Intergenerational Easter egg](#) to share. Exchange cards, letters, art, and have an Easter egg hunt/picnic.

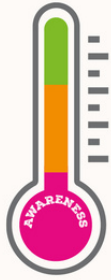


▶ **Celebrate Family connections:** Bring your older relatives to your school or nursery setting or organise a grandkids and family day in your older people setting! Have a family day out with young & old! Take new photo memories and show old ones!



# UTILISE THE #GIW26 CAMPAIGN THEMES & GRAPHICS!

**Download the #GIW26 Graphics:** The GIW Campaign has a theme and related graphic for each day! See which theme best fits with your intergenerational activity or organisations messaging and use them to share and promote on social media! Use **#GIW26** and tag **LGNI!** Just click on our social media icons at the bottom of this page to follow our accounts!



**Day 1:**  
Let's raise  
intergenerational  
awareness

#GIW25



**Day 2:**  
Let's  
challenge  
ageism

#GIW25



**Day 3:**  
Let's challenge  
social isolation  
and loneliness

#GIW25



**Day 4:**  
Let's create  
intergenerational  
spaces and  
communities

#GIW25



**Day 5:**  
Let's Save  
the Planet...  
Together!

#GIW25



**Day 6:**  
Let's develop  
intergenerational  
workplaces

#GIW25



**Day 7:**  
Let's improve  
intergenerational  
quality and  
sustainability

#GIW25





# Global Intergenerational Week links:

[Sign up as a supporter and download the GIW Supporters Pack and Resources](#)



## LGNI Links:

[Sign up to your local LGNI network](#)

[LGNI News](#)

[LGNI Resources](#)

[LGNI Global IG Week Page](#)



**LGNI Network**  
[sign up here](#)

Why not change your profile pic to your favourite intergenerational picture?

**USE THE HASHTAG**  
**#GIW26**

Please remember to share your activities on social media & don't forget to tag us @LinkGenNI

